Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
SEPTEMBER 2022			1 **NO SCHOOL**	2 **NO SCHOOL**
5 **No SCHOOL**	6 French Bread Pizza w/Marinara Peaches Corn *PB & J	7 Chicken Soft Shell Tacos Mixed Melon Salads Beans *PB & J	8 Corn Dogs Melon Green Beans Tator Tots *PB & J	9 Chicken Nuggets Mac N Cheese Apples Peas & Carrots *PB & J
12 Sloppy Joes/Bun Mandarin Oranges Corn Potato Chips *PB & J	13 Chicken Strips Brown Rice Pears Veggie Cup *PB & J	14 Meatballs Gravy Mashed Potatoes Grapes California Blend Dinner Roll *PB & J	15 Homemade Pizza Peas Fresh Fruit *PB & J	16 Hoagies Banana Carrots & Celery SunChips *PB & J
19 Chicken Alfredo Breadstick Pineapple Chunks Pacific Blend Vegetable *PB & J	20 Hard Shell Tacos Oranges Beans Tossed Salad *PB & J	21 Turkey Gravy Dinner Rolls Mashed Potatoes 5 Way Vegetable Watermelon *PB & J	22 Italian Dunkers w/Marinara Apricots Carrots *PB & J	23 **Marathon** BBQ Rib Patty Peaches Potato Smiles Carrots/Celery Pickles *PB & J
26 Hamburgers Strawberries Chips Carrots/Celery Pickles *PB & J	27 Spaghetti Noodles w/Meat Sauce Breadsticks Fruit Cocktail Corn *PB & J	28 Pulled Pork Sandwich w/whole grain bun Grapes French Fries California Blend Vegetables *PB & J	29 Chicken Fillet Sandwiches Tropical Fruit Broccoli *PB & J	30 Pancakes Sausage Fresh Fruit Fruit Juice *PB & J

Lunch: All meals are served with assorted fruits and fresh veggies.
This institution is an equal opportunity provider. Milk is served at all meals. Menu is subject to change.