


## Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
		1 Orange Chicken Rice Peas & Carrots Berries *PB & J	2 Nachos – Chips Cheese, Ground Beef Salad Bar Fruit Cup *PB & J	3 Turkey Croissants Chips Fruit *PB & J
6 Meatballs Mashed Potatoes Cali Blend Peaches *PB & J	7 Chicken Fillets Chips Broccoli Tropical Fruit *PB & J	8 Hot Dogs Mixed Berries Baked Beans *PB & J	9 Pulled Pork Grapes Cole Slaw *PB & J	10 Grilled Cheese Tomato Soup Apple Sauce *PB & J
13 Spaghetti & Noodles Garlic Bread Carrots Fruit Cocktail *PB & J	14 Chicken Nuggets Mac & Cheese Beans Strawberries *PB & J	15 Baked Potato Bar Dinner Roll Fresh Veggies Strawberries *PB & J	16 Turkey Gravy Mashed Potatoes Cali Blend Tropical Fruit *PB & J	17 Pizza Corn Peaches St. Patty's Day Treat *PB & J
20 Chicken Strips Rice Peaches Corn *PB & J	21 Italian Dunkers Apricots Glazed Carrots *PB & J	22 Chicken Alfredo w/Penne Noodles Broccoli Mandarin Oranges *PB & J	23 Sloppy Joes Tater Tots Peas Fruit Cup *PB & J	24 Cheeseburger or Hamburger Potato Chips Apples *PB & J
27 Rib Patties Potato Smiles Peaches Peas *PB & J	28 Taco Tuesday Orange Wedges Black Beans *PB & J	29 Lasagna 5 Way Blend Veggies Fruit Cocktail *PB & J	30 Enchiladas Rice Refried Beans *PB & J	31 Chicken Wild Rice Soup Dinner Roll Bananas *PB & J

**Lunch: All meals are served with assorted fruits and fresh veggies.**

**This institution is an equal opportunity provider.**

**Milk is served at all meals.**

**Menu is subject to change.**