


Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
			1 Rooney's Quarterly Meal Pancakes Sausage Strawberries Apple Juice Red Jello Cups *PB & J	2 Chicken Wild Rice Soup Lunchmeat Sandwich Fruit Cup *PB & J
5 Loaded Nachos Mixed Berries Tossed Salad Ice Cream Treat *PB & J	6 Chicken Alfredo Breadstick Pineapple Pacific Blend *PB & J	7 BBQ Rib Patty Potato Smiles Peaches Peas *PB & J	8 Turkey Gravy Mashed Potatoes 5 Way Veggies Melon *PB & J	9 Hot Dogs Beans Carrots Fruit Cocktail *PB & J
12 Meatballs Mashed Potatoes Gravy Carrots Pears *PB & J	13 Parents to Lunch – Gr. 4 Italian Dunkers w/Marinara Apricots Peas *PB & J	14 Taco in a Bag Oranges Tossed Salad *PB & J	15 Lasagna Garlic Bread Green Beans Apple Sauce *PB & J	16 Chicken Nuggets Mac N Cheese Peas & Carrots Melon *PB & J
19 Chili Corn Bread Corn Crackers Fruit Cocktail *PB & J	20 Chicken Strips Rice Veggies Pears *PB & J	21 Corn Dogs Green Beans Tater Tots Apple Sauce *PB & J	22 Homemade Pizza Broccoli Strawberries *PB & J	23 NO SCHOOL
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL
31 NO SCHOOL				

Lunch: All meals are served with assorted fruits and fresh veggies.
This institution is an equal opportunity provider. Milk is served at all meals.
Menu is subject to change.