


## Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
	1 Tomato Soup Grilled Cheese Peaches  *PB & J	2 Soft Shell Tacos (hamburger) Oranges Tossed Salad  *PB & J	3 Corn Dogs Tater Tots Green Beans Apple Sauce  *PB & J	4 Chicken Nuggets Mac N Cheese Peas & Carrots Melon  *PB & J
7  <b>NO SCHOOL</b>	8 Chili Corn Bread Whole Kernel Corn Crackers Tropical Fruit  *PB & J	9 Chicken Strips Rice Veggie Cups Pears  *PB & J	10 Hoagies Bananas Carrots Chips  *PB & J	11  <b>NO SCHOOL</b> <b>Parent/Teacher Conferences</b>
14 Homemade Pizza Peas Fruit Cups  *PB & J	15 <b>Parents to Lunch (Gr. 5)</b> Chicken Alfredo Breadstick Pineapple Pacific Blend  *PB & J	16 Loaded Baked Potato Cheesy Broccoli Melon  *PB & J	17 Sloppy Joes w/Whole Grain Bun Mandarin Oranges Corn Potato Chips  *PB & J	18 Pancakes Sausage Grapes Juice Cups  *PB & J
21 French Bread Pizza Glazed Carrots Apples  *PB & J	22 Turkey Gravy w/Mashed Potatoes Dinner Rolls 5way Veggies Watermelon  *PB & J	23  <b>NO SCHOOL</b>	24  <b>NO SCHOOL</b>	25  <b>NO SCHOOL</b>
28 Hamburgers Strawberries Carrots Chips  *PB & J	29 Pulled Pork Sandwich Whole Grain Bun Grapes French Fries California Blend Veggie  *PB & J	30 Chicken Fillet Sandwich - Whole Grain Bun Tropical Fruit Green Beans Pears  *PB & J		

**Lunch: All meals are served with assorted fruits and fresh veggies.  
This institution is an equal opportunity provider. Milk is served at all meals.  
Menu is subject to change.**