


Zion Lutheran School Lunch Menu

Mon	Tue	Wed	Thu	Fri
				1 Pizza Burger Fruit Veggies *PB & J
4 Pulled Pork Sandwich Fruit Veggies Chips *PB & J	5 Taco - Beef – Hard Shell Fruit Veggies Cheese Stick *PB & J	6 Chicken Wild Rice Soup Breadstick Veggies Fruit *PB & J	7 Corn Dogs Veggies Fruit French Fries *PB & J	8 Chicken Alfredo Dinner Roll Veggies Fruit *PB & J
11 Lasagna Rollup Veggies Fruit Breadstick *PB & J	12 Parents to Lunch (Gr.6,7,8) Turkey Roast Mashed Potatoes Veggies Fruit Dinner Rolls *PB & J	13 Chicken Fillet Sandwich Chips Veggies Fruit *PB & J	14 NO SCHOOL	15 NO SCHOOL
18 NO SCHOOL	19 Taco in a bag Veggies Fruit *PB & J	20 Cream of Potato Soup Veggies Fruit Cheese Stick *PB & J	21 Sloppy Joes – whole wheat bun French Fries Fruit Veggies *PB & J	22 Mac N Cheese Chicken Nuggets Veggies Fruit *PB & J
25 Spaghetti w/meat sauce Breadstick Veggies Fruit *PB & J	26 Hot Dogs – whole wheat bun Beans Chips Fruit *PB & J	27 BBQ Rib Patty – w/Hoagie Bun Tater Tots Veggies Fruit *PB & J	28 Beef Stroganoff Mashed Potatoes Veggies Fruit Buttered Bread *PB & J	29 Hoagie Sandwich – assorted lunch meat w/cheese Chips Veggies Fruit *PB & J
<u>Week 1</u> Garden Salad	<u>Week 2</u> Chef Salad	<u>Week 3</u> Chicken Salad	<u>Week 4</u> Taco Salad	<u>Week 5</u> Garden Salad

Lunch: All meals are served with assorted fruits and fresh veggies.

This institution is an equal opportunity provider.

Milk is served at all meals.

Menu is subject to change.